

Please complete this reply slip and send it to the address below. Alternatively contact
0845 83 85 926
between 10am and 1pm and have a chat to one of our volunteers about your needs

All details will be dealt with confidentially

I agree that my details can be kept on file

BLOCK CAPITALS PLEASE

Title

Surname

First Name

Your address

Telephone

Mobile

Text phone

Email

Send to:
RADISH
c/o Romsey and District Carers Forum
9 Love Lane
Romsey
SO51 8DE



Are you? - a carer of any age
- an older person
- a disabled person of any age

Are you? - alone
- in need of friendly communication

Are you? - concerned about what will happen to you if you are taken ill or have an accident

If you answered 'yes' to any of the above this leaflet may be for you.

Please read it and if you would like to know more or ask for help contact:

0845 83 85 926

Email: support@radishes.info

or send the attached slip to

RADISH



Romsey and District Information and Support at Home (RADISH) is based in Romsey and co-ordinated by Romsey and District Carers Forum - Registered Charity Number 1079112

Issued September 2007

Ask RADISH

Romsey

And



District

Information

Support

and

Home

at



0845 83 85 926

Do you need?



- Information about available support in the community where you live
- Signposting to services available to help you
- A befriender or advocate
- Support to cope with everyday concerns
- One off or emergency respite or companionship
- One off assistance in a family crisis
- Assistance to develop or set up a plan to help you in an emergency - a personal emergency plan
- Someone to visit or support you at home/in hospital when no close relative is around e.g. wash clothes, simple shopping
- Support to socialise or access social events

Voluntary help and neighbourly support



This may include:



- Help to find support for yourself
- Someone to advocate with or for you
- Assistance to collect your pension and/or prescription
- Help to change your library books
- Someone to walk your dog for a short period or in an emergency
- Assistance in an emergency with practical household tasks such as - light household tasks, light meals, change a light bulb, one off respite
- Help with basic form filling or reading/writing letters
- Help with one off simple outside tasks e.g. clear a path
- Assistance with shopping because you are housebound e.g. broken leg in plaster
- Help to access social activities



Reply Slip

Would you like to find out more about our services?

Would you like to register for contact and support?

How would you prefer to be contacted initially?

Do you have a disability or a medical condition? Please say what it is

Do you have an emergency plan for yourself?

Do you need help to develop your emergency plan?

Are you housebound?

Do you live alone?

Do you have any relatives living locally?

Do you have a key holder?

Do you live in a house, flat or bungalow?

Please circle whether you are:
65 or over /50 to 64 /18 to 49 /under 18

Please list any pets you have

Please use a separate sheet for any other information you feel would be helpful to us at this stage.

Please say where you saw this leaflet